



Testimonials

What people saying about us

Name : Snehlanhla Msweli

Name of School : Madwaleni High School

Grade : 12

Topic : HIV Testing

I, Snehlanhla Msweli am doing grade 12 at Madwaleni High School in Mtubatuba, South Africa. I was having a rash on my body, and I was thinking that maybe I was having AIDS, not that I was having sex before. As Mpilonhle taught us that you do not only get HIV and AIDS, but there are other ways of getting HIV and AIDS.

I really wanted to do the testing at the local clinic, but was afraid that they would ask me a lot of questions, like why do you want to test for HIV because you are young. By the way I was s having a lot of stress in class, loosing a lot of concentration. When Mpilonhle can to school, I was so excited because I could get tested and talk to somebody who does not know me. They did not even ask me a lot of questions. They did not even force me to get tested, but they told me the importance of knowing my status.

I was really happy to know my status. I am HIV negative. So they gave me a lot of counselling before and that I must not be scared even if I am positive I can still live longer if I take care of myself. They also told me that I must be careful especially when someone in my family is sick I should ear gloves, but also love them.

With these words I would like to thank Mpilonhle for the work they have done for me. I am doing well at school and I tell my family about the disease.

Thank you Mpilonhle

Photos - Story 1

Name : Nkosingiphile Pretty Gumede

Name of School : Madwaleni High School

Grade : 12

Topic : Assistance by a nurse

Diagnosis by a nurse

I have a disease that was diagnosed by Mpilonhle nurse and it was treated. Mpilonhle started visiting my school while I was in grade 11 B. When they first came to my school, they talked to grade 11 and told us about basic health, diseases and computer programme. I attended all the programmes and I was getting all the good information.

When they visited us they gave us a group counselling and then it was me and the counsellor alone. She made me fill in the screening form very well. After we were done, she sent me to the nurse, the nurse read my form. It was about by head. I was having a very bad headache and my eyes were very painful when facing the light.

They sent me to the local clinic and my eyes were checked and it was VR 615 and VL 614. They said that there was nothing wrong with my eyes. They gave me a painkiller (Pacimol) for my headache because I could not cope in class. The nurse also gave me a Spersallerg Sterile eye drops for my eyes. After taking this treatment I feel better.

I thank Mpilonhle and Charlize Theron for the nice presents she gave us.

Photos- Story 2

Name : Cebile Mhlongo

Name of School : Silethukukhanya High School

Grade : 9

Topic : Social Worker Services

My name is Cebile Mhlongo. I am doing grade nine at Silethukukhanya, in Mtubatuba. I was having lot of problems at home and at school. I was always crying because things were not going well at home. My mother does not have a husband, she is a single mother. She does not have a lot of money. Whatever she gets, she buys uniform for my bothers and sisters and sometimes clothes. When I wear the clothes, some of the kids at school laugh at me because I do not wear expensive clothes like the Levis or Nike. I wear simple clothes. This affected me and I was not concentrating well at school and my studying really went bad.

When the Mpilonhle team came to our school at first I was confused and said what are these people coming to do here. But when I saw the computers and did HIV and AIDS counselling and then I saw the social worker. That is when I felt so much better because I could talk to Delly (Social Worker) anytime. She told me not to worry about what people say to me and how I dress. I should just concentrate on my studies. Talking to her made me feel better, even at home my mother and I are so close now, because she told me not to push her to buy me expensive clothes because I want to make my friends and other people happy. She said that the most important thing is to love myself and that one day I will be able to buy myself all that I want if I do well at school.

Thank you, Mpilonhle and Sisi Delly.

Photos - Story 3

Name : Mthokozeleni Ngema

Name of School : Nhliziyo High School

Grade : 12

Topic : Computer Education

I am Mthoko Ngema in grade 12 at Nhliziyo High School. I was excited about computer when Mpilonhle came to our school. Our school does not have electricity, but Mpilonhle had a generator.

It was for the first time I saw a computer in front of me. I did not even know how it works. I learnt to play games and do my homework which is very neat.

I thank Mpilonhle for bringing computers to our school. This is what I like. I look forward to the computer lessons. I will even design a Valentines card or maybe a Christmas card.

Thank you, Mpilonhle.

Photos- Story 4

Name : Nozipho Zungu

Name of School : Nkosana High School

Grade : 11

Topic : Health Education

I am Nozipho Zungu doing grade 11 at Nkosana High School. I have received health education from Sisi Gugu. Mpilonhle made a difference in my life. Mpilonhle changed my life with many things. How to prevent diseases, behave well, say no to sex if I do not want to have sex. Now I also know how to take care of my family. I used to fight a lot with my mother, but the Mpilonhle told me to respect my mother and be friends with her. I now respect my mother and I have changed my behaviour, because I was bad. I did not want to get water from the river or get some wood to make fire. But Mpilonhle told me that I must respect at home. I just went with the boys in the streets in my area. I use to come home late. But now I am a very good girl.

I want to thank Mpilonhle because they gave me strength to go and get tested after I was told about the teenage pregnancy and I know the implications of having unprotected sex, because I might get HIV and get a baby. I was afraid to get tested, but the counsellor gave me counselling and then I tested. They told me that my results are my secret. I was happy that I tested negative and I am behaving.

Thank you, Mpilonhle. I want to give you a present.

